



SAUDI BOARD RESIDENCY TRAINING PROGRAM

MUSCULOSKELETAL PHYSICAL THERAPY

Final Examination

Exam Format:

A Saudi board final specialty written examination shall consist of two papers each with 100-125 single best answer Multiple Choice Questions (MCQs). Up to 10% unscored MSQs can be added for calibration purposes.

Passing Score:

The passing score is 70%. However, if the percentage of candidates passing the examination before final approval is less than 70%, the passing score must be lowered by one mark at a time aiming at achieving 70% passing rate or 65% passing score whichever comes first. Under no circumstances can the passing score be reduced below 65%.





Suggested References:

This reading list is generated to provide the third-year residents in the Saudi Board of Musculoskeletal Physical Therapy with a source of knowledge in preparation for the didactic component of the Final Examination. It is intended to remind the residents with several key-articles in Musculoskeletal and to give them a broad perspective on selected topics. The Scientific Committee would like to emphasize that this list should not serve as a single preparatory source for the Final Examination and other literature and textbooks are recommended in addition to the suggested references. Questions of the Final Examination may or may not be based on the suggested reading list and no single reference in the suggested reading list contains the indisputable answer to any of the questions.





TEXTBOOKS:

1. Evidence-Based Physical Diagnosis, Steven McGee. 5th Edition.
2. Therapeutic Exercise Foundation and Technique by Carolyn Kisner, Latest Edition
3. Dutton's Orthopedic Examination, Evaluation, and Intervention, 5th Edition.
4. Differential Diagnosis for Physical Therapists: Screening for Referral. Goodman, Snyder. (2021). 6th Edition
5. Goodman and Fuller's Pathology, Implications for the Physical Therapist 5th Edition.
6. Physical Therapy of the shoulder, Donatelli
7. Clinical Decision Making in Physical Therapy, Steven L. Wolf
8. Orthopedic Clinical Examination, An Evidence-Based Approach for Physical Therapists. Joshua Cleland.
9. Orthopedic Physical Assessment, Magee
10. Musculoskeletal Interventions - Techniques for Therapeutic Exercise. Barbara Hoogenboom, 3th edition.
11. Athletic and Sport Issues in Musculoskeletal Rehabilitation, David J. Magee's, 1st Edition.
12. Orthopedic Physical Assessment, David J. Magee's and Robert C. Manske. 7th Edition.
13. Physical Therapy Musculoskeletal Examination: The Clinicians Reference Manual, Jonathan DiLauri.
14. Orthopedic Physical therapy – by Donatelli.
15. Musculoskeletal Physical Examination, 2nd Edition.
16. Orthopedic Physical Therapy Secrets, Jeffrey D. Placzek and David A. Boyce. 4th Edition





17. Kinesiology of the musculoskeletal system: Foundation of rehabilitation.
Norkin,C.C. and Whilte, D.J. (2016). 3th Edditin
18. Measurement of joint motion: A guide to goniometry. F.A.Davis Company. 5th
Edition

Treatment Modalities

1. Orthopedic Manuel Physical Therapy. Christopher H. Wise.
2. The Mulligan Concept of Manuel Therapy textbook of techniques. Wayne Hing,
Toby Hall, Darren Rivett, Bill Vicenzino and Brain Mulligan.
3. Manuel of Mulligan Concept. Deepak Kumar
4. Manual Physical Therapy of the Spine. Kenneth A. Olson
5. Therapeutic Exercise: Moving Toward Function. Lori Thein Brody, Carrie M.
Hall, 3rd Edition

Professionalism and Ethics:

1. Professionalism and Ethics, Handbook for Residents, Practical guide, Prof.
James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof.
Omar Hasan Kasule, SCFHS, Latest Edition.
2. Essentials of Patient Safety, SCHS, Latest Edition

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.





Blueprint Outlines:

No.	Sections	Percentage
1	Cervical Region	12%
2	Thoracic Region	5%
3	Lumber Region	12%
4	Shoulder Girdle	12%
5	Elbow, Wrist and Hand	10%
6	Pelvic and Hip	12%
7	Knee	12%
8	Foot and Ankle	10%
9	Critical Inquiry	7%
10	Professional Rules and Responsibilities	8%
Total		100%

Notes:

- Blueprint distributions of the examination may differ up to +/-5% in each section.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.

