



## Saudi Licensing Examinations

### Dietetic Technician Blueprint

#### Blueprint Outlines

Evaluation Item	Sections	Percentage (%)
(150 MCQs, 3 hours)	1. Fundamentals of Dietetics	10%
	2. Disease Prevention and Health Promotion	10%
	3. Nutrition Screening, Assessment and Counselling	7%
	4. Medical Nutrition Therapy	13%
	5. Food Science and Normal Nutrition	15%
	6. Principles of Food Preparation and Training	6%
	7. Menu Planning	10%
	8. Procurement and Materials Management	5%
	9. Food Production, Distribution and Facility Design	5%
	10. Safety and Sanitation	14%
	11. Community Nutrition	5%
<b>Total</b>		<b>100%</b>

#### Note:

- Test specifications and content are currently under review and will be updated, therefore pass rates will be adjusted during the third quarter of 2022 from the current pass score to the following:

**Passing Score:** 55%

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.



### **References:**

1. Understanding Normal and Clinical Nutrition. Sharon Rady Rolfes, Kathryn Pinna, Ellie Whitney, Brooks Cole, Latest Edition.
2. Krause's Food and the Nutrition Care Process - Elsevier eBook on Intel Education Study, L. Kathleen Mahan, Janice L Raymond, Sylvia Escott-Stump, Latest Edition.
3. Choose Your Foods: Exchange Lists for Diabetes. American Diabetes Association and American Dietetic Association, Latest Edition.
4. Nutrition and Diagnosis-Related Care, by Sylvia Escott-Stump, Latest Edition.
5. Gregoire Mary B. Foodservice Organizations A Managerial and Systems Approach, Pearson/Prentice Hall, Latest Edition.
6. V.A. Vaclavik and E.W. Christian, Essentials of Food Science, Springer Science, New York, Latest Edition.
7. Understanding Food: Principles and Preparation By Amy Brown. Wadsworth publishing, Latest Edition.
8. Nikolaos Katsilambros, Charilaos Dimosthenopoulos, Meropi Kontogianni, Evangelia Manglara and Kallopi-Anna Poulia. Clinical Nutrition in Practice, Wiley-Blackwell, Latest Edition.

### **Note:**

- This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.