

## SAUDI BOARD RESIDENCY TRAINING PROGRAM

### Plastic Surgery

### Final Written Examination

#### Examination Format:

1. A Saudi board final specialty written examination shall consist of two papers each with 100-125 SBA MCQs. Ten unscored items can be added for pretesting purposes.
2. If any other assessment format is used, the CAC must agree to its implementation (for example Short Answer Question (SAQ) or Modified Essay Question (MEQ) formats).

#### Passing Score:

1. The passing score is 70%. However, if the percentage of candidates passing the examination before final approval is less than 70%, the passing score must be lowered by one mark at a time aiming at achieving 70% passing rate or 65% passing score whichever comes first. Under no circumstances can the passing score be reduced below 65%.

#### Suggested References:

##### 1. Plastic Surgery: 6-Volume Set, 3<sup>rd</sup> Edition

- By Peter C. Neligan, MB, FRCS(I), FRCSC, FACS
- 5648 pages
- Imprint: Elsevier
- Copyright: 2012
- ISBN: 978-1-4377-1733-4



## 2. Grabb and Smith's Plastic Surgery, 7<sup>th</sup> Edition

- By Charles Thorne, MD
- 976 pages
- Imprint: Lippincott Williams & Wilkins
- Copyright : 2013
- ISBN :978-1-4511-0955-9

## 3. Green's Operative Hand Surgery: 2-Volume, 6<sup>th</sup> Edition

- By Scott W. Wolfe, MD, William C. Pederson, MD, Robert N. Hotchkiss, MD and Scott H. Kozin, MD
- Pages 3932
- Imprint: Churchill Livingstone
- Copyright: 2011
- ISBN: 978-1-4160-5279-1

## 4. Total Burn Care, 4<sup>th</sup> Edition

- By David N. Herndon, MD, FACS and David N. Herndon, MD, FACS
- 808 Pages
- Imprint: Saunders
- Copyright : 2012
- ISBN: 978-1-4377-2786-9

5. Professionalism and ethics, Handbook for Residents, Practical guide, Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaith MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition.

6. Essentials of Patient Safety, SCFHS, Latest Edition.

### **Note:**

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.

### Blueprint Outlines:

No.	Sections	Range%
1	Core of Knowledge/General Plastic Surgical Principles and Techniques <sup>1</sup>	5%-10%
2	Plastic Surgical Aspects of Specific Related Disciplines <sup>2</sup>	5%-10%
3	Plastic Surgery of the Integument <sup>1</sup>	5%-10%
4	Plastic Surgery of the Head & Neck <sup>2</sup>	25%-30%
5	Plastic Surgery of the Upper Extremity <sup>3</sup>	18%-20%
6	Plastic Surgery of the Trunk <sup>4</sup>	5%-10%
7	Plastic Surgery of the Lower Extremity <sup>5</sup>	5%-10%
8	Plastic Surgery of the Genitourinary System <sup>8</sup>	1%-3%
9	Plastic Surgery of the Breast <sup>9</sup>	5%-10%
Research, Ethics and Professionalism and Patient Safety		5%
<b>Total</b>		<b>100%</b>

### Note:

- Blueprint distributions of the examination may differ up to +/-3% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.

<sup>1</sup> **Plastic Surgery of the Integument:** includes Anatomy, Physiology, and Embryology ,Benign and Malignant Skin Lesions, Burns and Trauma ,Congenital and Functional Problems .

<sup>2</sup> **Plastic Surgery of the Head & Neck:** includes Anatomy, Physiology, and Embryology, Congenital Disorders , Benign and Malignant Tumors, Tumors, Aesthetic and Functional Problems, Reconstruction.

<sup>3</sup> **Plastic Surgery of the Upper Extremity:** includes Anatomy, Physiology, and Embryology, Congenital Disorders, Benign and Malignant Tumors, Trauma, Reconstruction and functional problem, Upper Extremity Aesthetic Surgery.

<sup>4</sup> **Plastic Surgery of the Trunk:** includes Anatomy, Physiology, and Embryology , Congenital Disorders, Benign & Malignant Tumors of the Trunk, Trauma and Reconstruction of Trunk, Aesthetic and Functional Problems of the Trunk.

<sup>5</sup> **Plastic Surgery of the Lower Extremity:** includes Anatomy, Physiology, and Embryology, Trauma and Reconstruction of the Lower Extremities to Include the Post-bariatric Patient.



<sup>1</sup>**Core of Knowledge/General Plastic Surgical Principles and Techniques:** includes Wound repair-principles and applications, Flat and Grafts, Microsurgery. Implants and Biomaterial.

<sup>2</sup>**Plastic Surgical Aspects of Specific Related Disciplines:** includes Psychiatric Aspects of Plastic Surgery, Anesthesia and Critical Care, Transplantation and Immunology, Pharmacology and Therapeutics.

<sup>8</sup>**Plastic Surgery of the Genitourinary**

**System:** includes Anatomy and Embryology, Trauma, Reconstruction, and Functional Disorders.

<sup>9</sup>**Plastic Surgery of the Breast:** includes Anatomy of the Breasts, Congenital Disorders, Benign and Malignant Tumors, Breast Reconstruction, Aesthetic Problems of the Breast.

## Example Questions

### EXAMPLE OF K2 QUESTIONS

#### Question 1

A 35-year-old woman underwent liposuction of the abdomen and upper thigh. 24 hours post operation, she became confused and disoriented. She also has a petechial rash over the shoulders and anterior chest.

What is the most likely cause?

- A. Hypothermia
- B. Fat embolism
- C. Fluid over load
- D. Lidocaine over dose

### EXAMPLE OF K1

#### Question 2

What is the most common flexor tendon rupture in rheumatoid arthritis?

- A. Flexor carpi ulnaris (FCU)
- B. Flexor pollicis longus (FPL)
- C. Flexor digitorum superficialis (FDS) to ring finger
- D. Flexor digitorum profundus (FDP) to middle finger