

SAUDI BOARD RESIDENCY TRAINING PROGRAM

PHYSICAL MEDICINE AND REHABILITATION

Final Written Examination

Examination Format:

1. A Saudi board final specialty written examination shall consist of two papers each with 100-125 SBA MCQs. Ten unscored items can be added for pretesting purposes.
2. If any other assessment format is used, the CAC must agree to its implementation (for example Short Answer Question (SAQ) or Modified Essay Question (MEQ) formats).

Passing Score:

1. The passing score is 70%.
2. If the percentage of candidates passing the examination before final approval is less than 70%, the passing score must be lowered by one mark at a time aiming at achieving 70% passing rate or 65% passing score whichever comes first. Under no circumstances can the passing score be reduced below 65%.

Suggested References:

- Physical Medicine & Rehabilitation Text Book (Braddom)
- Physical Medicine & Rehabilitation Text Book (Delisa)
- Grants Atlas of Anatomy Text Book
- Brain Injury Medicine, Principles and Practice Text Book.
- Spinal Cord Medicine: Principles and Practice, Edited by Vernon W. Lin, New York.
- Archives of Physical Medicine & Rehabilitation Journal
- Biostatistics: A Foundation for Analysis in the Health Sciences (W. Daniel, 2005)
- Professionalism and Ethics, Handbook for Residents, Practical guide, Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition.
- Essentials of Patient Safety, SCHS, Latest Edition.

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.



Blueprint Outlines:

No.	Sections	Percentage (%)
1	Stroke	12%
2	Head Injury	10%
3	Amputee/Prosthetics	12%
4	Spinal Cord Injury	12%
5	Pediatric Rehab	10%
6	MSK Pain & Sport	6%
7	Rheumatology	6%
8	Orthopedics	6%
9	Neurology	6%
10	Cardiac/Pulmonary Rehab	4%
11	Burns & Cancer Rehab	4%
12	Pharmacology	4%
Research, Ethics and Professionalism and Patient Safety		8%
Total		100%

Note:

- Blueprint distributions of the examination may differ up to +/-3% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.



Example Questions

EXAMPLE OF K2 QUESTIONS

Question 1

A 38-year-old woman with a history of classical migraine is admitted with the right hemisphere ischemic stroke. She has optimal blood pressure and a very favorable lipid profile, and duplex scanning of the carotids shows total absence of atheromatous plaque. Echocardiography, however, reveals an abnormality.

Which of the following is the most likely abnormality?

- A. Tricuspid incompetence
- B. Ventricular septal defect
- C. Left ventricular hypertrophy
- D. Patent foramen ovale (PFO)

EXAMPLE OF K1

Question 2

Which of the following properties is greater in Type I compared to Type IIb/x skeletal muscle fibers?

- A. Oxidative capacity
- B. Glycolytic capacity
- C. Force of contraction
- D. Speed of contraction