



SAUDI FELLOWSHIP TRAINING PROGRAM

Pain Medicine

Final Written Examination 2020

Examination Format:

The Saudi subspecialty fellowship and diplomas final written examination shall consist of one paper with 80-120 multiple-choice questions (single best answer out of four options). 10 unscored items can be added for pretesting purposes.

Passing Score:

The passing score is 70%. However, if the percentage of candidates passing the examination before final approval is less than 70%, the passing score must be lowered by one mark at a time aiming at achieving 70% passing rate or 65% passing score whichever comes first. Under no circumstances can the passing score be reduced below 65%.

Blueprint Outlines:

No.	Sections	Percentage (%)
1	Anatomy & Physiology	14
2	Pharmacology	14
3	Pain Assessment	13
4	Diagnostic and Investigational Tests	10
5	Types of Pain	14
6	Techniques of Pain Medicine	15
7	Psychology/Behavioral Aspects of Pain	10
Research, Ethics and Professionalism and Patient Safety		10
Total		100%

Note:

Blueprint distributions of the examination may differ up to +/-3% in each category.

Suggested References:
Textbooks:

1. Loeser JD. Bonica Management of Pain. 2015
2. Wall PD, Melzack R. Textbook of Pain 2016.
3. Cousins MJ & Phillips GD. Acute Pain Management.
4. Cousins, et al. Neural Blockage in Clinical Anesthesia and Management of Pain. 2012.
5. Raj PP. Practical Management of pain. Mosby, 2010.
6. Waldman SD. Interventional Pain Management. W.B. Saunders Co, New York, 2015.
7. Lema M. Cancer Pain Management.
8. Brena SF, Chapman SL. chronic pain: Management principals.
9. Sandler AN. Current Concepts in Acute pain Control.
10. Hamill RJ, Rowlingson JC. Handbook of Critical Care Pain Management.
11. Brisman R. Neurosurgical and Medical Management of Pain: Trigeminal, Neuralgia, Chronic and Cancer Pain.
12. Stein JM, Warfield CA. Pain Management.



Suggested journals

1. Pain
2. Spine
3. Clinical Journal of Pain
4. Pain Digest
5. Journal of Pain Medicine
6. Regional Anesthesia & Pain Medicine
7. Journal of Headache & pain
8. European Journal of Pain
9. Pain Research & Management
10. Pain Physician Journal
11. Anesthesiology
12. Anesthesia & Analgesia
13. British Journal Anesthesia
14. Canadian Anesthesiologist Journal

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.



Example Questions

EXAMPLE OF K2 QUESTIONS

Question 1



A 50-year-old man is admitted to the hospital 2 weeks ago with upper abdominal pain which did not respond to conservative treatments. The fellow pain specialist performed the shown block to control his pain, using 30 ml of 0.25% bupivacaine (see image).

Blood pressure	80/40 mmhg
Pulse	85/ min
Respiratory rate	18/ min
Temperature	37.5 °C

Which of the following describes the general conditions of the patient?

- A. Allergic reaction to the used medications
- B. Hypovolumic shock secondary to aortic puncture
- C. Sympathetic blockade as a result of the procedure
- D. Secondary effect of the administered opioid during the procedure

EXAMPLE OF K1

Question 2

What is the normal width of the cervical epidural space?

- A. 2 cm
- B. 2 mm
- C. 5 mm
- D. 3-5 mm