

SAUDI BOARD RESIDENCY TRAINING PROGRAM

Obstetrics and Gynecology

Promotion Examination

Written Examination Format:

- A written examination shall consist of one paper with not less than 100 MCQs with a single best answer (one correct answer out of four options).
- The examination shall contain type K2 questions (interpretation, analysis, reasoning and decision making) and type K1 questions (recall and comprehension).
- The examination shall include basic concepts and clinical topics relevant to the specialty.
- Clinical presentation questions include history, clinical finding and patient approach. Diagnosis and investigation questions; include the possible diagnosis and diagnostic methods. Management questions; including treatment and clinical management, either therapeutic or non-therapeutic, and complications of management. Materials and Instruments questions; including material properties, usage, and selection of instruments and equipment used. Health maintenance questions; include health promotion, disease prevention, risk factors assessment, and prognosis.

Passing Score for Promotion Exam:

The trainee's performance is assessed in each of the evaluation formulas according to the following scoring system:

Score	Less than 50%	50% – 59.4%	60% - 69.4%	More than 70%
Description	Clear Fail	Borderline Fail	Borderline Pass	Clear Pass

1. To upgrade the trainee from a training level to the next level, She/he must obtain at least a **Borderline Pass** in each evaluation form.
2. The program director may recommend to the local supervision committee to request the promotion of the trainee who did not meet the previous promotion requirement according to the following:
 - A. In case that the trainee gets a **borderline Fail** result in **one** of the evaluation forms, the remaining evaluation forms must be passed with **Clear Pass** in at least **one** of them.
 - B. In case that the trainee gets a **borderline Fail** result in **two** of the evaluation forms to a maximum, provided they do not fall



under the same theme (Knowledge, Attitude, Skills). The remaining evaluation forms must be passed with **Clear Pass** in at least **two** of them.

- C. The promotion must be approved in this case by the scientific council for the specialization.

Blueprint Outlines

No.	Section	Proportion%
1	General Obstetrics	15%
2	General Gynecology	15%
3	Perioperative Management	15%
4	Maternal-Fetal Medicine	15%
5	Adolescent Gynecology	15%
6	Gynecologic Oncology	15%
7	Urogynecology and Pelvic Floor Disorders	15%
8	Reproductive Endocrinology and Infertility	15%
Total		100%

Note:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.



Suggested References:

1. **William Obstetrics** by F. Gary Cunningham, Norman F. Gant, Kenneth J Leveno, Larry C. Gilstrap, III, John C. Houth, Katharine D. Wenstrom.
2. **Clinical Gynecologic Endocrinology and Infertility** by Mac A. Fritz and Leon Speroff.
3. **Telinde's Operative Gynecology** by Richard W. Te Linde, John D. Thompson.
4. **Comprehensive Gynecology** by Morton A. Stenchever, William Droegemuller, Daniel R. Mishell, Arthur L. Herbst.
5. **Obstetrics : Normal & Problem Pregnancies** by Steven G. Gabbe, Jennifer R. Niebyl, Joe Leigh Simpson
6. **Clinical Gynecologic Oncology** by Philip DiSaia, William Creasman, Robert Mannel, D. Scott McMeekin, David Mutch
7. **Berek and Hacker's Gynecologic Oncology**, by Jonathan S. Berek, Neville F. Hacker
8. **Williams Gynecology** by Barbara L. Hoffman, John O. Schorge, Karen D. Bradshaw, Lisa M. Halvorson, Joseph I. Schaffer, Marlene M. Corton
9. **Pediatric and Adolescent Gynecology** by Joseph S. Sanfilippo, David Muram, John Dewhurst, Peter A. Lee
10. **Maternal-Fetal Medicine** by Robert K. Creasy, Robert Resnik, Jay Iams
11. **Professionalism and Ethics Handbook for Residents: A Practical Guide**, by Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition
12. **Essentials of Patient Safety: The first step to proper healthcare**, SCFHS, by Abdulelah Alhawsawi, Salem Alwahabi, Ahmad Wazzan
13. **Introduction to Clinical Research for Residents**, SCFHS, by Hani Tamim
14. **Evidence Based Medicine. How to Practice and Teach EBM** by DI Sackett
15. **Users' Guides to the Medical Literature: A Manual for Evidence-Based Clinical Practice**, by Gordon Guyatt, Drummond Rennie, Maureen O. Meade, Deborah J. Cook
16. Clinical evidence-based guidelines of Saudi and international societies related to obstetrics and gynecology (e.g., ACOG, RCOG, SOGC, etc.)

Crash Courses:

- Outline of each course including suggested reading references given by the provider.

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.



Example Questions

EXAMPLE OF K1 QUESTIONS

Question 1

What is the definition of macrosomia according to the American College of Obstetrics and Gynecology?

- A. 4000 g
- B. 4500 g
- C. 5000 g
- D. 5500 g

EXAMPLE OF K2 QUESTIONS

Question 1

A 23-year-old woman with a history of 6 weeks of amenorrhea is presented with acute abdominal pain and scanty vaginal bleeding (see report).

Ultrasound:

Presence of ectopic pregnancy.

Where is the most likely location of ectopic pregnancy?

- A. Isthmic
- B. Ampullary
- C. Interstitial
- D. Infundibular