

SAUDI BOARD RESIDENCY TRAINING PROGRAM

FAMILY MEDICINE

Part One Examination

Examination Format:

1. Part I Examination of Saudi board certificate shall consist of one paper with 150 multiple-choice questions (single best answer out of four options). Up to 10% unscored items can be added for pretesting purposes.
2. If any other assessment format is used, the Central Assessment Committee must agree to its implementation.

Passing Score:

1. The passing score is 65%.
2. If the percentage of candidates passing the exam before final approval is less than 70%, the passing score can be lowered by one mark at a time aiming at achieving 70% passing rate or a score of 60% whichever comes first. Under no circumstances, may the score can be reduced below 60%.

Suggested References:

Recommended Textbooks:

- Text Book of Family Medicine by Robert E. Rakel, MD
- CURRENT Diagnosis and Treatment in Family Medicine
- Family Medicine: Principles and Practice, by Robert B. Taylor
- McWhinney's Textbook of Family Medicine
- The Color Atlas and Synopsis of Family Medicine

Recommended scientific websites and guidelines:

- ADA: <http://www.diabetes.org/>
- American Family Physician: <https://www.aafp.org/journals/afp.html>
- Medical ethics: <https://www.scfhs.org.sa/en/elibrary/DocsLibrary/versions/Documents/Medical%20ethics.pdf>
- ICD 11: <https://icd.who.int/>
- Joint National Committee (JNC): <https://sites.jamanetwork.com/jnc8/>
- The United States Preventive Services Task Force: <https://www.uspreventiveservicestaskforce.org/Page/Name/recommendations>
- CDC: <https://search.cdc.gov/search/>
- EBM: <https://www.cebm.net/2014/06/critical-appraisal/>

Other References:

- NICE guidelines: www.nice.org.uk
- www.cochrane.org
- www.uptodate.com

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.



Blueprint Outlines:

No.	Sections	Percentage (%)
1	Family Medicine	19%
2	Internal Medicine	11%
3	Pediatric	10%
3	Obstetrics and Gynecology	10%
5	General Surgery	6%
6	Psychiatry	9%
7	Emergency Medicine (Adult and Pediatric)	10%
8	Dermatology	5%
9	Orthopedic and Musculoskeletal	5%
10	Ophthalmology	5%
11	Otolaryngology	5%
12	Radiology	5%
Total		100%

Note:

- Blueprint distributions of the examination may differ up to $\pm 5\%$ in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.

Example Questions:

EXAMPLES OF K2-QUESTIONS

Question 1

A 53-year-old man presents for routine physical examination. He has not seen a physician in 8 years. He has a family history of premature cardiovascular disease, and smokes 10 to 12 cigarettes daily. He has a sedentary lifestyle. Examination showed no obvious signs of renovascular disease.

BMI	41
Heart rate	92 /min
Temperature	36.9° C
Blood pressure	185/112mmHg
Respiratory rate	12 /min

Which of the following is the most likely diagnosis?

- A. Prehypertension
- B. Stage 1 hypertension
- C. Stage 2 hypertension
- D. Secondary hypertension

EXAMPLES OF K1-QUESTIONS

Question 2

A 56-year-old asthmatic man presents to the clinic for evaluation. The physician has difficulty in obtaining accurate information regarding reason of attendance.

Which of the following is the most appropriate next step in consultation?

- A. Silent listening
- B. Using open-ended questions
- C. Controlling the interview with direct questions
- D. Using medical terms that the patient understands