



Family Medicine Diploma Program

Final Written Examinations

Examination Format:

The Saudi subspecialty fellowship and diplomas final written examination shall consist of one paper with 80-120 multiple-choice questions (single best answer out of four options). 10 unscored items can be added for pretesting purposes.

Passing Score:

The passing score is 70%. However, if the percentage of candidates passing the examination before final approval is less than 70%, the passing score must be lowered by one mark at a time aiming at achieving 70% passing rate or 65% passing score whichever comes first. Under no circumstances can the passing score be reduced below 65%.



Blueprint outlines

No.	Sections	Percentage (%)
1	Family Medicine	8%
2	Internal Medicine	17%
3	Surgery	5%
4	Ortho	3%
5	Child Health	11%
6	Mental health	9%
7	Women Health	11%
8	Emergency Medicine	9%
9	Community health	2%
10	ENT	4%
11	Ophthalmology	6%
12	Dermatology	7%
13	Ethics, Research and Patient safety	8%
Total		100%

Note:

- Blueprint distributions of the examination may differ up to +/-3% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.



Suggested References:

Textbooks:

1. Swanson's Family Medicine Review
2. Primary Care Medicine: Office Evaluation and Management of the Adult Patient (Goroll)
3. CURRENT Diagnosis & Treatment in Family Medicine
4. McWhinney's *Textbook of Family Medicine*
5. Textbook of Family Medicine, By: Robert E. Rakel MD

Journals:

1. American Family Physician
2. Annals of Family Medicine
3. Archives of Family Medicine
4. British Medical Journal (BMJ)
5. British Journal of General Practice
6. Canadian Family Physician

Websites:

1. www.community.cochrane.org
2. www.uptodate.com
3. AHRQ - Guidelines & Recommendations
4. Canadian Task Force on Preventive Health Care (CTFPHC)
5. US Preventive Services Task Force (USPSTF) Recommendations
6. NICE | The National Institute for Health and Care Excellence

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.



Example Questions

EXAMPLES OF K2 QUESTIONS

Question 1

A 55 year-old farmer with coronary artery disease presents with headache, leg cramps and nausea. He has been working for the past two days in the afternoon collecting dates from his palm trees. On examination he looks ill and has flushed dry skin.

Blood pressure	75/40 mmHg
Heart rate	125 /min
Respiratory rate	30 /min
Temperature	41.7° C
Oxygen saturation	94% on face mask

What is the best management?

- A. Ice packs
- B. Cooling blanket
- C. Immerse in cold water
- D. Mist water spray and fan

EXAMPLES OF K1

Question 2

Which of the following is most suggestive of a severe asthma exacerbation?

- A. O₂ saturation 92% on room air
- B. Venous Blood Gas PCO₂ 45 mm Hg
- C. Inspiratory and expiratory wheezes
- D. Peak Expiratory Flow Rate 50% of predicted