



SAUDI FELLOWSHIP TRAINING PROGRAM

Child and Adolescent Psychiatry Fellowship Program

Final Written Examination

Examination Format:

The Saudi subspecialty fellowship and diplomas final written examination shall consist of one paper with 80-120 multiple-choice questions (single best answer out of four options). Up to 10% unscored items can be added for pretesting purposes.

Passing Score:

The passing score is 70%. However, if the percentage of candidates passing the examination before final approval is less than 70%, the passing score must be lowered by one mark at a time aiming at achieving 70% passing rate or 65% passing score whichever comes first. Under no circumstances can the passing score be reduced below 65%.


Blueprint Outlines:

No.	Section	Proportion%
1	Autism Spectrum Disorders and Psychosis in Childhood	7%
2	Attention Deficit Hyperactivity Disorder part 2/ Other behavioral Disorders	13%
3	Bipolar Disorder part 2/ Major Depressive Disorder in Adolescents	11%
4	Anxiety Disorders/ Obsessive Compulsive Disorder	12%
5	Pharmacotherapy of child psychiatric disorders	5%
6	DSM 5 Diagnostic Criteria	6%
7	Psychotherapy for Children and Adolescents	5%
8	Family therapy	5%
9	School Consultation	6%
10	Sleep and eating disorders	8%
11	Approach to Suicide / Homicide and Child Abuse in adolescent age groups	7%
12	Approach to Substance use in adolescent age groups and forensic psychiatry	7%
13	Research Methodology and Statistics and psychometric Tests	8%
Total		100%

Note:

- Blueprint distributions of the examination may differ up to +/-3% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.

Suggested References:

1. Rutter's Child and Adolescent Psychiatry Text Book
2. Diagnostic and Statistical Manual of Mental Diseases- Fifth Edition (DSM-5)
3. Journal of American Academy of Child and Adolescent Psychiatry
4. American Academy of Child and Adolescent Psychiatry Code of Ethics principles. American Academy of Child and Adolescent Psychiatry Association.
5. Maudsley Prescribing Guidelines – 10th edition

Crash Courses:

Outline of each course including suggested reading references given by the provider.

1. Ethics and Professionalism in Child and Adolescent Psychiatry (CAP) Course:

Discussion about issues related to ethics and professionalism in the field of child psychiatry including: patient confidentiality and disclosure of information, mandated reporting, informed consent, treatment consent and refusal, custody and guardianship, rights of minors, individual and societal/ community needs, consent and assent in research, competency, cultural and ethnical influences on development, psychiatric disorders, care and family systems, vulnerable Populations, disasters and juvenile justice.

2. Family Therapy Course:

It includes basic principles in family therapy, application in child and adolescent age group, disorders that benefit from therapy and challenges and other options of management.

3. Cognitive Behavioral Therapy for Children:

This course is about the knowledge and skills in applying such type of therapy for people younger than 18 years old.

4. Research methodology and statistics:

A condense course in knowledge and application of Research methodology and statistics in child and adolescent psychiatry.



Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.

Example Questions

EXAMPLE OF K1 QUESTIONS

Question 1

What is the minimal duration of symptoms of personality disorders that must be present in order to diagnose personality disorders in individuals younger than 18 years?

- A. 3 months
- B. 6 months
- C. 1 year
- D. 2 years

EXAMPLE OF K2 QUESTIONS

Question 1

A 6-year-old boy has just joined grade 1 and refuses to go to school with morning vomiting, headache and crying bouts when leaving home. His father has decided to keep him home, so he feels relaxed.

What is the appropriate approach for the boy?

- A. Start Sertraline 25 mg once daily
- B. Consider Lorazepam 0.25 mg before going to school
- C. Ask the family to postpone school joining to the next year
- D. Psycho-education about Separation Anxiety and family counsel