



**SAUDI DIPLOMA TRAINING PROGRAM**  
**Adult Critical Care Nursing Diploma**  
**Promotion Examination**

**Written Examination Format:**

- A written examination shall consist of one paper with not less than 100 MCQs with a single best answer (one correct answer out of four options).
- The examination shall contain type K2 questions (interpretation, analysis, reasoning and decision making) and type K1 questions (recall and comprehension).
- The examination shall include basic concepts and clinical topics relevant to the specialty.
- Clinical presentation questions include history, clinical finding and patient approach. Diagnosis and investigation questions; include the possible diagnosis and diagnostic methods. Management questions; including treatment and clinical management, either therapeutic or non-therapeutic, and complications of management. Materials and Instruments questions; including material properties, usage, and selection of instruments and equipment used. Health maintenance questions; include health promotion, disease prevention, risk factors assessment, and prognosis.

**Passing Score for Promotion Exam:**

The trainee's performance is assessed in each of the evaluation formulas according to the following scoring system:

Score	Less than 50%	50% – 59.4%	60% - 69.4%	More than 70%
Description	Clear Fail	Borderline Fail	Borderline Pass	Clear Pass

1. To upgrade the trainee from a training level to the next level, she/he must obtain at least a **Borderline Pass** in each evaluation form.
2. The program director may recommend to the local supervision committee to request the promotion of the trainee who did not meet the previous promotion requirement according to the following:
  - A. In case that the trainee gets a **borderline Fail** result in **one** of the evaluation forms, the remaining evaluation forms must be passed with **Clear Pass** in at least **one** of them.
  - B. In case that the trainee gets a **borderline Fail** result in **two** of the evaluation forms to a maximum, provided they do not fall



under the same theme (Knowledge, Attitude, Skills). The remaining evaluation forms must be passed with **Clear Pass** in at least **two** of them.

- C. The promotion must be approved in this case by the scientific council for the specialization.

### Blueprint Outlines

No.	<u>R1</u> Section	Proportion%
1	Foundations of Intensive Care Nursing I	10%
2	Ethics in Nursing and Dimensions of Care	5%
3	Behavioural Problems and Psychosocial Concepts	5%
4	Advanced Health Assessment	25%
5	Advanced Pathophysiology and Nursing Management	30%
6	Infection Control	5%
7	Pharmacology for Critically Ill Patients	20%
<b>Total</b>		<b>100%</b>

#### Note:

- Blueprint distributions of the examination may differ up to +/-3% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.

#### **Suggested References:**

1. Moon, J. & Kim, J. (2015). Ethics in the Intensive Care Unit. Journal of Tuberc Respir Dis
2. Morton PG, Fontaine DK. critical care nursing: a holistic approach. 2013,10th edi. Philadelphia. Lippincott Williams & Wilkins, Chapter 19- 22
3. Urden, L. D., Stacy, K. M., & Lough, M. E. (2013). Critical Care Nursing, Diagnosis and Management,7: Critical Care Nursing: Elsevier/Mosby.
4. Sally S. Roach (2004). Introductory Clinical Pharmacology .7th edition. Lippincott Williams & Wilkins



5. Jarvis, C. (2015). Physical Examination and Health Assessment: Elsevier Health Sciences.
6. The Saudi Commission for Health Specialties. (2018). General Regulation of professional classification and registration.
7. The Saudi Commission for Health Specialties. (2014). Department of Medical Education & Postgraduate Studies. Code of Ethics for Healthcare Practitioners.

**Crash Courses:**

- Outline of each course including suggested reading references given by the provider.

**Note:**

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.



## Example Questions

### EXAMPLE OF K1 QUESTIONS

#### Question 1

On auscultation, which finding suggests a right pneumothorax?

- A. Bilateral inspiratory and expiratory crackles
- B. Absence of breaths sound in the right thorax
- C. Inspiratory wheezes in the right thorax
- D. Bilateral pleural friction rub

### EXAMPLE OF K2 QUESTIONS

#### Question 1

A man abruptly sits up in bed, reports having difficulty breathing and has an arterial oxygen saturation of 88%.

Which mode of oxygen delivery would most likely reverse the manifestations?

- A. Simple mask
- B. Non-rebreather mask
- C. Face tent
- D. Nasal cannula