

## SAUDI DIPLOMA TRAINING PROGRAM

### Adult Critical Care Nursing

### Final Written Examination

#### Examination Format:

The Saudi subspecialty fellowship and diplomas final written examination shall consist of one paper with 80-120 multiple-choice questions (single best answer out of four options). 10 unscored items can be added for pretesting purposes.

#### Passing Score:

The passing score is 70%. However, if the percentage of candidates passing the examination before final approval is less than 70%, the passing score must be lowered by one mark at a time aiming at achieving 70% passing rate or 65% passing score whichever comes first. Under no circumstances can the passing score be reduced below 65%.

#### Blueprint Outlines:

No.	Sections	Percentage (%)
1	Advanced Health	20%
2	Pathophysiology and Nursing management	20%
3	Infection Control	5%
4	Pharmacology	15%
5	Behavioural Problem	5%
6	Leadership and management	10%
7	Professional development	5%
8	Foundation of ICU	5%
9	Health informatics	5%
Research, Ethics and Professionalism and Patient Safety		10%
<b>Total</b>		<b>100%</b>

#### Note:

- Blueprint distributions of the examination may differ up to +/-3% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.



### Suggested References:

1. Barber, P., & Robertson, D. (2015). *Essentials of pharmacology for nurses*. London: Open University Press.
2. Chitty, K. K., & Black, B. P. (2011). *Professional nursing: concepts & challenges*. St. Louis, Mo.: Saunders/Elsevier
3. Gordis, L. (2014). *Epidemiology*. St. Louis, Mo.: Elsevier Saunders
4. Jones, R. A. P. (2007). *Nursing leadership and management: Theories, processes and practice*. FA Davis.
5. Morton, P. G., Fontaine, D. (2015). *Critical care nursing: A holistic approach*. Philadelphia: Lippincott Williams & Wilkins.
6. Plichta, S. B., & Garzon, L. S. (2009). *Statistics for nursing and allied health*. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins Health
7. Polit, D. F., & Beck, C. T. (2004). *Nursing research: Principles and methods*. Philadelphia; London: Lippincott Williams & Wilkins.

### Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.

### Example Questions

#### EXAMPLE OF K2 QUESTIONS

##### Question 1

A 68-year-old man had epigastric pain radiating to the back for three months. He has lost 8 kilos in weight during the same period. Examination revealed anorexic, jaundiced and pale patient (see lab results).

Test	Result	Normal Values
Total Bilirubin	22	3.5–16.5 $\mu\text{mol/L}$
Alkaline Phosphatase	560	39-117 U/L
Alanine aminotransferase	60	5-40 U/L

Which of the following is the most appropriate intervention?

- A. MRCP\*
- B. Upper GI endoscopy
- C. Plain X-ray abdomen
- D. Contrast CT abdomen

\*Magnetic Resonance Cholangiopancreatography.



**EXAMPLE OF K1**

**Question 2**

A 68-year-old man presented with epigastric abdominal pain radiating through to the back.

Which of the following is the most likely causing organ?

- A. Liver
- B. Pancreas
- C. Gallbladder
- D. Oesophagus