



SAUDI BOARD RESIDENCY TRAINING PROGRAM

OBSTETRICS & GYNECOLOGY

Final Written Examination

Examination Format:

1. A Saudi board final specialty written examination shall consist of two papers each with 100-125 SBA MCQs. Up to 10 % unscored items can be added for pretesting purposes.
2. If any other assessment format is used, the CAC must agree to its implementation (for example Short Answer Question (SAQ) or Modified Essay Question (MEQ) formats).

Passing Score:

1. The passing score is 70%. However, if the percentage of candidates passing the examination before final approval is less than 70%, the passing score must be lowered by one mark at a time aiming at achieving 70% passing rate or 65% passing score whichever comes first. Under no circumstances can the passing score be reduced below 65%.

Suggested References:

1. **William Obstetrics** by F. Gary Cunningham, Norman F. Gant, Kenneth J Leveno, Larry C. Gilstrap, III, John C. Houth, Katharine D. Wenstrom.
2. **Clinical Gynecologic Endocrinology and Infertility** by Mac A. Fritz and Leon Speroff.
3. **Telinde's Operative Gynecology** by Richard W. Te Linde, John D. Thompson.
4. **Comprehensive Gynecology** by Morton A. Stenchever, William Droegemuller, Daniel R. Mishell, Arthur L. Herbst.
5. **Obstetrics : Normal & Problem Pregnancies** by Steven G. Gabbe, Jennifer R. Niebyl, Joe Leigh Simpson
6. **Clinical Gynecologic Oncology** by Philip DiSaia, William Creasman, Robert Mannel, D. Scott McMeekin, David Mutch
7. **Berek and Hacker's Gynecologic Oncology**, by Jonathan S. Berek, Neville F. Hacker
8. **Williams Gynecology** by Barbara L. Hoffman, John O. Schorge, Karen D. Bradshaw, Lisa M. Halvorson, Joseph I. Schaffer, Marlene M. Corton
9. **Pediatric and Adolescent Gynecology** by Joseph S. Sanfilippo, David Muram, John Dewhurst, Peter A. Lee
10. **Maternal-Fetal Medicine** by Robert K. Creasy, Robert Resnik, Jay Iams



11. **Professionalism and Ethics Handbook for Residents: A Practical Guide**, by Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition
12. **Essentials of Patient Safety: The first step to proper healthcare**, SCFHS, by Abdulelah Alhawsawi, Salem Alwahabi, Ahmad Wazzan
13. **Introduction to Clinical Research for Residents**, SCFHS, by Hani Tamim
14. **Evidence Based Medicine. How to Practice and Teach EBM** by DI Sackett
15. **Users' Guides to the Medical Literature: A Manual for Evidence-Based Clinical Practice**, by Gordon Guyatt, Drummond Rennie, Maureen O. Meade, Deborah J. Cook
16. Clinical evidence-based guidelines of Saudi and international societies related to obstetrics and gynecology (e.g., ACOG, RCOG, SOGC, etc.)

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.

Blueprint Outlines:

Section	Content Outline	Weight
Obstetrics	<ul style="list-style-type: none"> • Preconception/Prenatal/Antenatal Care (3%) • Evaluation/Diagnosis of Antenatal Conditions (7%) • Intrapartum Care, Complications, and Obstetrical Procedures (18%) • Postpartum Care (2%) 	30%
Gynecology	<ul style="list-style-type: none"> • Preoperative Evaluation (3%) • Perioperative Care (2%) • Postoperative Care (3%) • Surgical Complications (6%) • Evaluation/Diagnosis/Management of Gynecologic Conditions (7%) • Surgical Procedures (5%) • Neoplasia (4%) 	30%
Office Practice and Women's Health	<ul style="list-style-type: none"> • Well-Woman Preventive Care (7%) • Office Management – Medical Problems (4%) • Office Management – Gynecology (15%) • Office Procedures (4%) 	30%
Cross Content	<ul style="list-style-type: none"> • Communication (2.5%) • Ethics and Professionalism (2.5%) • Basic Science (5%) 	10%

Note:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information



Example Questions

EXAMPLE OF K2 QUESTIONS

Question 1

A 38-year-old woman presents to the Emergency Department with very painful strong contractions that are occurring every two to three minutes. She is currently at 40 weeks gestation and has had 2 normal and successful pregnancies before. She denies any vaginal bleeding or leaking fluid. On examination there is good fetal movement. Vaginal examination reveals the cervix is 1 cm dilated, 60% effaced and the vertex is at the +1 station.

What is the most appropriate next step in management?

- A. Send her home
- B. Rupture membranes
- C. Administer terbutaline
- D. Observation and analgesia

EXAMPLE OF K1

Question 2

Which of the following disorders has the worst maternal prognosis during pregnancy?

- A. Viral hepatitis
- B. Chronic active hepatitis
- C. Cholestasis of pregnancy
- D. Acute fatty liver of pregnancy