



SAUDI BOARD RESIDENCY TRAINING PROGRAM PHYSICAL MEDICINE AND REHABILITATION

Part One Examination

Examination Format:

1. Part I Examination of Saudi board certificate shall consist of one paper with 150 multiple-choice questions (single best answer out of four options). Up to 10% unscored items can be added for pretesting purposes.
2. If any other assessment format is used, the Central Assessment Committee must agree to its implementation.

Passing Score:

1. The passing score is 65%.
2. If the percentage of candidates passing the exam before final approval is less than 70%, the passing score can be lowered by one mark at a time aiming at achieving 70% passing rate or a score of 60% whichever comes first. Under no circumstances, may the score can be reduced below 60%.

Suggested References:

- Physical Medicine and Rehabilitation Text Book (Delisa).
- Physical Medicine and Rehabilitation Text Book (Braddom).
- Grants Atlas of Anatomy Text Book.
- Orthopedic Physical Assessment, (4th edition, Magee).
- Musculoskeletal Examination, 2nd edition, Jeffrey Gross and Joseph Fetto.
- Physical Medicine and Rehabilitation Board Review.
- Biostatistics: A Foundation for Analysis in the Health Sciences (W. Daniel, 2005)
- Professionalism and Ethics, Handbook for Residents, Practical guide, Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition.
- Essentials of Patient Safety, SCHS, Latest Edition.

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.



Blueprint Outlines:

No.	Sections	Percentage (%)
1	Anatomy	6%
2	Physiology and Histology	4%
3	Pharmacology	6%
4	General Rehabilitation	20%
5	Medicine	12%
6	Rheumatology	10%
7	Orthopedics	10%
8	Neurosurgery	5%
9	Pediatrics	7%
10	Neurology	12%
Research, Ethics and Professionalism and Patient Safety		8%
Total		100

Note:

- Blueprint distributions of the examination may differ up to +/-3% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.



Example Questions

EXAMPLE OF K2 QUESTIONS

Question 1

A 20-month-old child is brought to the Emergency Department because of the fever and irritability and refusal to move his right lower extremity. Physical examination reveals a swollen and tender right knee that resists passive motion.

Which of the following is the most diagnostic test?

- A. Blood culture
- B. X-ray of the knee
- C. CBC and differential
- D. Examination of joint fluid

EXAMPLE OF K1

Question 2

A doctor has seen a 60-year-old man in the stroke unit with epigastric pain. The pain started 3 days ago and today he noticed that the color of his stools has changed to a 'tarry-black' color. Examination revealed that he is alert and oriented. The abdomen is soft with tenderness in the epigastric region.

Blood pressure	98/69 mmHg
Heart rate	99 /min
Respiratory rate	18 /min
Temperature	37.2° C
Oxygen saturation	98% on room air

Which of the following is the most appropriate next step in management?

- A. Intravenous pantoprazole
- B. Request an erect chest X-ray
- C. Secure two IV lines and start IV fluids
- D. Keep nil by mouth and arrange endoscopy