

## SAUDI FELLOWSHIP TRAINING PROGRAM

### Palliative Medicine

#### Promotion Examination 2019

##### Written Examination Format:

- A written examination shall consist of one paper with not less than 100 MCQs with a single best answer (one correct answer out of four options).
- The examination shall contain type K2 questions (interpretation, analysis, reasoning and decision making) and type K1 questions (recall and comprehension).
- The examination shall include basic concepts and clinical topics relevant to the specialty.
- Clinical presentation questions include history, clinical finding and patient approach. Diagnosis and investigation questions; include the possible diagnosis and diagnostic methods. Management questions; including treatment and clinical management, either therapeutic or non-therapeutic, and complications of management. Materials and Instruments questions; including material properties, usage, and selection of instruments and equipment used. Health maintenance questions; include health promotion, disease prevention, risk factors assessment, and prognosis.

##### Passing Score for Promotion Exam:

The trainee's performance is assessed in each of the evaluation formulas according to the following scoring system:

Score	Less than 50%	50% – 59.4%	60% - 69.4%	More than 70%
Description	Clear Fail	Borderline Fail	Borderline Pass	Clear Pass

1. To upgrade the trainee from a training level to the next level, She/he must obtain at least a **Borderline Pass** in each evaluation form.
2. The program director may recommend to the local supervision committee to request the promotion of the trainee who did not meet the previous promotion requirement according to the following:
  - A. In case that the trainee gets a **borderline Fail** result in **one** of the evaluation forms, the remaining evaluation forms must be passed with **Clear Pass** in at least **one** of them.

- B. In case that the trainee gets a **borderline Fail** result in **two** of the evaluation forms to a maximum, provided they do not fall under the same theme (Knowledge, Attitude, Skills). The remaining evaluation forms must be passed with **Clear Pass** in at least **two** of them.
- C. The promotion must be approved in this case by the Scientific Council for the specialization.

### Blueprint Outlines:

No.	Sections	Percentage (%)
1	Pain Management	25%
2	Non-Pain Symptoms Management	20%
3	Approach to Care	10%
4	Communication and Multidisciplinary Team Work	8%
5	Diagnosis	7%
6	Grief and Bereavement	4%
7	Advance Care Planning and Legal Decision Making	4%
8	Dying and Hospice	4%
9	Psychosocial and Spiritual Care	4%
10	Non-Malignant Diseases	2%
11	Pediatrics Palliative Care	2%
Research, Ethics and Professionalism and Patient Safety		10%
<b>Total</b>		<b>100%</b>

### **Note:**

Blueprint distributions of the examination may differ up to +/-3% in each category.

### **Suggested References:**

- <http://shc.gov.sa/ar/NCC/Documents/Saudi%20Palliative%20Care%20National%20Clinical%20Guideline%20for%20Oncology.pdf>
- <https://www.nccn.org/>
- Professionalism and Ethics, Handbook for Residents, Practical guide, Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition.
- Essentials of Patient Safety, SCHS, Latest Edition.



### Crash Courses:

- Outline of each course including suggested reading references given by the provider.

### Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.

### Example Questions

#### EXAMPLE OF K1 QUESTIONS

##### Question 1

Which of the following is an example of passive euthanasia?

- Suffocating the patient
- Stopping the respirator pump
- Adjusting life support machines to interfere with heartbeat
- Giving too much morphine to a patient who is begging for a small dose

#### EXAMPLE OF K2 QUESTIONS

##### Question 1

A 67-year-old man with metastatic prostate cancer presented with increasing pain in his right hip. He described the pain as worse with movement and complained that he was now unable to walk his dog. His prostate cancer was treated with 3-monthly goserelin injections. Examination revealed that he had tenderness over the right trochanter (see lab result and report).

Test	Result	Normal Value
Prostate-specific antigen	3	<4 µg/L

### X-ray:

Right hip large lytic lesion with cortical thinning within upper third of right femur.

Which of the following is the most appropriate next step in management?



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- A. Bisphosphonate
- B. Internal fixation
- C. Physiotherapy
- D. Radiotherapy